



Dear friends,

As the month of September bid an absolute goodbye, we look back at what happened over that month. Among what happened, a planning meeting in regard to our local IofC activities, Kenya I Care in Njoro and Eldoret and a campaign against drug abuse in Subukia. And on what is coming up, the Eastern Africa Youth Conference, the Action for Life team and... Do we now have an office? On reflections, is a lovely poem 'Moments' by Michael John Steele.

Newsletter Editors
Ann & Njoroge

PLANNING MEETING

A group of ten from Nairobi, Eldoret, Subukia, Bungoma and Nakuru met at St Mary's Pastoral Centre for two days 18 & 19 September, 2010 for a planning meeting in regard to our local activities. It was also a time to reflect on some of the challenges and opportunities that we have as an organization. In this



meeting, it was decided that we should all take this work from the heart. It is no doubt that finances remain a big challenge for us, but with more of voluntary spirit we can do more and achieve more. We are also encouraging you to feel welcome to be making donations so as to keep the work moving.

There is a lot of work that many of you are doing in your daily lives, we don't even get to hear of most them- but we are grateful. We need to support each other in our small initiatives. If you are in a position to let us know what you are doing, please write to us- mra@ke.iofc.org

Kenya I Care!

In the spirit of caring for Kenya and a desire to have a new generation armed with responsibility and quality leadership, Kenya I Care team has continued to reach out to our young ones...and even our elders. On 6th September, 2010, Muikia and Ann were at Lusiru Primary school where they spoke to class 4-8 pupils. It was the second time the team was visiting the school after the first visit in February this year. They were very happy to see us again. The students were attentive and cheerful and want more of us...and the



head teacher is really for the idea that we make more regular visits to the school.

And on 22-26 September, 2010, a team of six was in Eldoret North and East where they were hosted by the locals and reached out to two Primary schools, two Secondary schools, a women's' group and a youth group. Click here for full report

<http://www.iofc.org/node/51060>



FARMERS DIALOGUE

Ben Mwasame from Bungoma, in the spirit of 'beyond subsistence farming' reports that peasant farmers with less than five acres in Bungoma are getting into serious farming where they are doing value addition to their farm products hence empowering them financially. Besides that, they have started a project on fish farming and are networking with KALI to help the farmers upgrade local animal breeds. They have also been running capacity building through field days.

SAY NO TO DRUGS!

On the 26 September, 2010, a group of seven from Iofc Subukia had a wonderful time with the students of St. Yermo Girl's Secondary school in Subukia. They had gone there to stir the students, with a stage play, to be on the forefront on the battle against drug abuse especially among young people.



09/26/2010

Mike Muikia, John Maina and Peter Hamisi were the actors. The play was very interesting and spiced with a lot of humour. It was quite a good attempt for it was done with high level of professionalism. It was about a widower (peter), his son (mike) and John the drug dealer. After an hour and a quarter, the play was done and they embarked on question time in which they had a lengthy discussion on various issues related to drug abuse. They also took the time to talk about Kenya I Care and IofC.

PEACE TRAIN

We had mentioned to you a while ago of some plans to have a Peace Train from Mt. Elgon to Mombasa? Well, it still hasn't taken place due to financial constraints. All the same, Joseph Wainaina and some seven other friends had a trial version of the same...they visited a few villages and it was really appreciated. The bigger Peace Train is still in the plan and efforts to fundraise are underway.



OFFICE

In our previous newsletter, we informed you about the office space that we had found in Nakuru at Highway Towers, during the meeting at St Mary's in mid September, it was decided that the space was so big and we don't need all that. We are now in search of some other space. We will let you know of any development.

Quote of the month

"Success is not final, failure is not fatal: it is the courage to continue that counts." Winston Churchill

WHAT'S COMING UP?

ACTION FOR LIFE 5 TEAM IN KENYA

Action for Life 5 (AFL5) group will visit the country and work around Kenya, Uganda, Sudan and Ethiopia starting 6 Jan – 5 April, 2011. A tentative programme of their stay is in the making and we will let you know. If you would love the team to come visit your area with their message, please write to Steve - stevekimaru@yahoo.com. The visiting team of nine comes from Australia (2), South Korea, Guatemala, Fiji (Asia Pacific), Ukraine, China, Sudan and Tibet/India.

EASTERN AFRICA YOUTH CONFERENCE

We wish to announce the upcoming Eastern Africa Youth Conference which will take on 8-13 February, 2011 at St Mary's Pastoral Centre, Nakuru, Kenya. The theme of the conference '*BEYOND ME...It is time to act!*' It aims to bring together around 80 determined and upcoming young African leaders involved with IofC activities from the eight Eastern Africa countries (Ethiopia, Uganda, Sudan, Rwanda, Tanzania, Burundi, Somali and Kenya) that are eager for a changed society, and are ready to explore change in their own lives as part of bringing integrity and positive changes in the society. Click here to read more <http://www.iofc.org/node/51073>



REFLECTIONS

Moments ...Written by Michael John Steele

Surprises exposed at each turn
Our past failures we must not burn.
Reflection is essential
For future to have potential.

Determination holds our fate
While our passion opens the gate
For our dreams to be complete
Starve our fears, faith we must eat.

Courage displayed earns our esteem
Our confidence begins to teem
For success is upon us
This moment is momentous.

